

# SPORTS SOLIDARITY GAMES



**Solidarity  
games**  
KAZAN 2022

Multidisciplinary international  
competitions in swimming,  
artistic swimming, and diving

KAZAN (RUS) 2022

**STAGES II, III**

GENERAL INFORMATION BULLETIN

(Version 16.09.2022)

[www.sportssolidarity.com](http://www.sportssolidarity.com)

# WELCOME TO KAZAN



## Aquatics Palace, Kazan, Russia

19 July – 3 August 2022

## Aquatics Palace, Kazan, Russia

9-26 November 2022

## Aquatics Palace, “Burevestnik” swimming pool, Kazan, Russia

8-17 December 2022

ANO “Directorate for Sports and Social Projects” has the honour and pleasure of inviting you to the “Solidarity Games” multidisciplinary international competitions in swimming, artistic swimming, and diving to be held in Kazan, Russia, in 2022.

The following information has been designed to assist your National Federation in its participation in this event.

### GAMES OBJECTIVES

- strengthening of international friendly ties between the states;
- strengthening of humanistic sport values in the modern world and genuine principles of the Olympic movement;
- establishing an informal platform for the implementation of global diplomacy.

### EVENT CONTACTS

Should you have any questions or queries regarding the information provided in this document, please feel free to contact the following ANO “Directorate for Sports and Social Projects” event staff:

Local Organising Committee: **ANO “Directorate for Sports and Social Projects”**

Link to the website: <https://dspkazan.com/en/>

Main International Centre, 35, Universiade Village, Kazan, Russia, 420010

**Main contact: DELEGATION SERVICES LIAISON (LOC)**

✉ [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) ☎ +7 843 222 0754

### “SOLIDARITY GAMES” STAGES AND DATES

- I stage “World”, 19 July – 3 August 2022
- II stage “Sport”, 9-26 November 2022
- III stage “Legends”, 8-17 December 2022

# “SOLIDARITY GAMES” GENERAL PROGRAMME (STAGES II, III)

## II STAGE "SPORT", DATES

- **"Tatarstan President's Cup" International Diving Competitions**  
**9–14 November 2022**  
Junior boys and girls (Group A – 16–18 y.o., Group B – 14–15 y.o.)
- **International Swimming Competitions**  
**18–26 November 2022**  
Men aged 15 and older, women aged 13 and older

## II STAGE "SPORT", COMPETITION SCHEDULE

II STAGE	9 November	10 November	11 November	12 November	13 November	14 November	15 November	16 November	17 November	18 November	19 November	20 November	21 November	22 November	23 November	24 November	25 November	26 November
"Tatarstan President's Cup" International Diving Competitions	Arrival					Departure												
International Swimming Competitions (18-26.11)										Arrival								Departure

## III STAGE “LEGENDS”, DATES

- **International Junior Swimming Competitions**  
**8–12 December 2022**  
Boys (13–14 y. o.), girls (11–12 y. o.)
- **"Svetlana Romashina Cup" International Artistic Swimming Competitions**  
**8–12 December 2022**  
Youth (13–15 y.o.), boys, girls (under 13 y.o.)
- **"Dmitry Sautin Cup" International Diving Competitions**  
**12–17 December 2022**  
Men and women, junior boys and girls  
(Group C – 12–13 y.o., Group D – 10–11 y.o.)

## III STAGE “LEGENDS”, COMPETITION SCHEDULE

III STAGE	8 December	9 December	10 December	11 December	12 December	13 December	14 December	15 December	16 December	17 December
International Junior Swimming Competitions	Arrival				Departure					
"Svetlana Romashina Cup" International Artistic Swimming Competitions	Arrival				Departure					
"Dmitry Sautin Cup" International Diving Competitions					Arrival					Departure

## PARTICIPANTS

Athletes who meet the following criteria may participate in the Games:

- must be a representative of a national federation, or a member of a club with membership in a national federation;
- the age and level of training shall conform to the requirements and regulations of the sport included in the Games programme.

## REGISTRATION AND ACCREDITATION

The registration for all delegation members is mandatory and carried out online in the Accreditation System used by the Organising Committee.

Registration is mandatory for all categories of participants:

- Athletes
- Coaches
- Medical staff
- Heads of Delegations
- Referees and Judges provided by the delegations

Registration for all members should be managed by the responsible person appointed by the delegation

(hereinafter "Delegation Contact Person"). In order to get a login and password to the delegation account and start registering, delegations should contact the Organising Committee at **[nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com)** by sending the application (Participation Intent Form) indicating the Delegation Contact Person:

- Full Name
- Position
- Contact phone number
- E-mail address
- Approximate number of delegation



# REGISTRATION AND ACCREDITATION

		II STAGE	III STAGE
	Description	Deadlines	
1	<b>Participation Intent Form</b> Confirming the intention of participation and appointing the Delegation Contact Person for further communication with the Organising Committee on registration and other issues	No later than 2 October 2022	No later than 1 November 2022
2	<b>Individual Forms</b> Filling in personal and sports data, uploading photos for each delegation member and submitting the completed "Flight ticket request" form** ** For the foreign participants who require visa support	No later than 9 October 2022	No later than 8 November 2022
2	<b>Individual Forms</b> Filling in personal and sports data, uploading photos for each delegation member and submitting the completed "Flight ticket request" form** ** For other participants	No later than 16 October 2022	No later than 15 November 2022
3	<b>Arrival and Departure Form</b> Filling in the information about arrivals and departures of all members of the delegations, indicating the date, time of arrival, type of transport used.	No later than 30 October 2022 (diving)  8 November 2022 (swimming)	No later than 28 November 2022 (swimming, artistic swimming)  2 December 2022 (diving)

Registration Manual will be provided along with the login and password.  
 Registration is carried out in accordance with the quotas regulated by each sport.

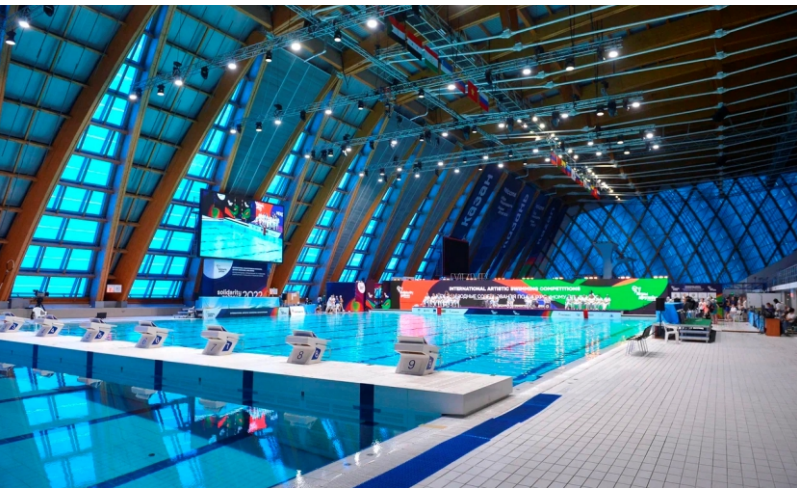


**Incomplete or incorrectly completed Individual Entry Forms are not considered by the Organising Committee. Please make sure that Individual Forms are completed on time and properly, and the participants' personal photos meet the requirements.**

If you have any questions regarding the registration, please contact the Organising Committee by e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com).

# VENUES INFORMATION

## AQUATICS PALACE, GENERAL INFORMATION



 **Location:**  
70, S. Khakima Str., Kazan

### Venue Description

Aquatics Palace is the largest indoor aquatics facility in Russia. It was built within the preparations for the 27th Summer Universiade 2013 to host the competitions in artistic swimming, diving, swimming, and water polo.

Venue has unique characteristics for holding the competitions of any level and staging water shows – 4 swimming pools, a diving zone, movable floor (diving pool, main swimming pool), modern underwater sound system.

Aquatics Palace regularly hosts different FINA competitions as well as Russian championships in diving, swimming, artistic swimming. The venue is also a home arena for the student teams of the Volga Region University of Physical Culture, Sport and Tourism (swimming and water polo) and a base for the training camps of a number of sports teams at regional and national levels

## Technical information

Athletes' preparation area (locker rooms, dry lands) is located on the ground floor as well as competition management offices and doping control area. Press centre with a conference hall and VIP zone are located on the 3rd floor, 2nd and 4th floors are dedicated to spectators.

**Seating capacity:** 4,100 seats

**Parking:** over 300 cars.

Venue is accessible to the disabled people.

## TECHNICAL SPECIFICATIONS – DIVING

<b>Competition to be held</b>	Diving
<b>Technical information</b>	Pool 33 x 25m, 5.5 m depth, movable floor
<b>Facilities</b>	1m springboards – 2 pcs, 3m springboards – 2 pcs, 1m, 3m, 5m, 7.5m and 10m platform 2 warm Jacuzzis
<b>Dry land</b>	tumbling (15 m), platform (3 m), springboards 1m – 4 pcs, trampoline (3x5m), stretching mats 4 x 2.6 m – 3 pcs, jumping pit 6.2 x 5.3 m, spotting rigs
<b>Timing</b>	OMEGA

## TECHNICAL SPECIFICATIONS – COMPETITION POOL

<b>Competition to be held</b>	Swimming, Artistic Swimming
<b>Technical information</b>	Pool 52 x 25m, 3m depth, movable floor, movable bulkhead (2m)
<b>Timing</b>	Omega Ares 21 (swimming)

## TECHNICAL SPECIFICATIONS – WARM-UP POOL

<b>Trainings to be held</b>	Swimming
<b>Technical information</b>	50 x 25m, 2.2m depth



# “BUREVESTNIK” SWIMMING POOL, GENERAL INFORMATION



## Venue Description

“Burevestnik” Swimming Pool is located in the Universiade Village.

Venue is designed for the competitions in swimming (25m), artistic swimming, water polo, and scuba diving. It features a 50m swimming pool, universal sports hall with TeraflexSport M Performance flooring (volleyball,

basketball, futsal), dry swimming hall with parquet flooring, a gym.

**Seating capacity:** 900 seats

**Parking:** over 150 cars.

Venue is accessible to the disabled people.

## TECHNICAL SPECIFICATIONS – ARTISTIC SWIMMING

**Competition to be held**

Artistic Swimming

**Technical information**

Pool 52 x 25 m, 2,3m depth, movable bulkhead (2m)

## MEDICAL SERVICES

A medical room will be functioning at the competition venues. Medical care will be additionally provided by the mobile medical teams, as well as emergency medical service teams. If necessary, hospitalisation will be carried out into one of the accredited hospitals in Kazan. A rescue team will be on duty during the competitions and trainings period.

Emergency medical care is available 24/7 on call. The medical emergency cell phone numbers are 103, 030, 112.

Anti-doping control is performed with due account for the World Anti-Doping Agency (WADA) requirements.

## COVID-19 RELATED INFORMATION

To avoid the risks of getting infected with coronavirus, there are a number of restrictions and measures:

1. Foreign citizens' entry (except for the citizens of the Republic of Belarus) – on presentation of the negative result of the PCR test done 48 hours prior to arrival in Russia that has to be submitted in paper while crossing the state border of the Russian Federation and sent to the Organising Committee's e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com)

2. Entry to the competition venue – after thermometry.

3. Not visiting places of mass gathering outside the accommodation facility and competition venue as well as informing the head of delegation in case of the onset of the disease symptoms

Detailed information will be available at a later stage before the Games.

## COMPETITORS AND TEAM OFFICIALS SEATING

The seats for competitors and coaches will be provided at the main stands. Competitors and their coaches will be allowed to seat at the poolside.

## SPORTS INFORMATION DESK

Information centres will be located at the competitions venues.

## ACCREDITATION DESK

Accreditation badge is the only official document for the Event. Badges are personal (personalised) and are not transferable to third parties.

Accreditation badges are issued to the participants who have timely and successfully completed the registration procedure in the Accreditation System (Individual Form

should be in the "Active" status).

Accreditation Centre is located in the territory of the sports venue (Aquatics Palace). Accreditation Centre working hours will be adjusted as per the training and competition schedule.

Please check the website for updates.



**The Organising Committee recommends one (1) responsible person to collect the originals of passports for all arrived members of the delegations and collect all the badges. The physical presence of athletes and officials in the Accreditation Centre is not required.**

## RULES

Competitions by sports will be organised in compliance with the Event regulations as per the latest technical rules that adhere to the requirements of international and national sports federations.

# TECHNICAL OFFICIALS

## 1. Swimming:

National (Russian) Technical Officials are appointed by the Russian Swimming Federation.

## 2. Artistic Swimming:

National (Russian) Technical Officials are appointed by the Russian Synchronised Swimming Federation. A country participating in the Artistic Swimming competition must provide one international category judge in its delegation. The Organising Committee is responsible to pay for travel to and from the Games, accommodation, meals and on-site transportation of International Technical Officials.

In case the participating country is unable to bring a judge of the appropriate category in the delegation, the Organising Committee has the right to replace them with a national judge.

## 3. Diving:

National (Russian) Technical Officials are appointed by the Russian Diving Federation.

A country participating in the Diving competition must provide one international category judge in its delegation. The Organising Committee is responsible to pay for travel to and from the Games, accommodation, meals and on-site transportation of International Technical Officials.

In case the participating country is unable to bring a judge of the appropriate category in the delegation, the Organising Committee has the right to replace them with a national judge.

# VISA INFORMATION

Games participants must have a valid Russian visa to enter and stay in the country.

The Organising Committee will facilitate an entry visa to Kazan, Russia, by providing the official Letter of Invitation for all participants of the Games who have successfully requested one and completed their registration in the System.

Please make sure that the visa mandatory fields (i.e. personal data and contacts, scan of the valid passport) are completed correctly and up to date in the System. Please note that the passport expiry date must be no earlier than 1 June 2023 (for II stage "Sport") and no earlier than 22 June 2023 (for III stage "Legends").

Based on the data received, the Organising Committee will send the official Letter of Invitation to the participants by e-mail.

After receiving the Letter of Invitation, the participants must collect all documents in accordance with the requirements of the Embassy/Consulate of the Russian Federation and submit the documents together with the Letter of Invitation issued by the Organising Committee to the Embassy/Consulate of the Russian Federation no earlier than one month before the event.



**IMPORTANT: Possible changes to the travel schedule must be updated in the Registration System and sent to the Organising Committee's e-mail**

**[nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com)**  
simultaneously.

# ARRANGEMENTS FOR THE PARTICIPANTS' TRAVEL

To book and execute the economy railway and air tickets to Kazan and back, the participants need to fill in and submit the "Flight ticket request" along with the copies of the valid passports to the Organising Committee's e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) as per the following deadlines:

1. For the foreign participants who require visa support: no later than 9 October 2022 (for the II stage "Sport") and no later than 8 November 2022 (for the III stage "Legends");
2. For other participants: no later than 16 October 2022 (for the II stage "Sport") and no later than 15 November 2022 (for the III stage "Legends").

Within three days upon returning from Kazan, the participants shall submit original copies of the

boarding passes for each travel segment from Kazan to the Organising Committee: by post (to the following address: Kazan, Republic of Tatarstan, Russia, 420010, Universiade Village, 35, ANO "Directorate for Sports and Social Projects") and by e-mail (scanned copies shall be sent to the e-mail [i.shakirov@dspkazan.com](mailto:i.shakirov@dspkazan.com))



**IMPORTANT: Participants who have been provided with travel tickets shall keep boarding passes for all travel segments to Kazan and back. Upon arrival in Kazan, the participants shall submit railway tickets or boarding passes for each flight/trip segment to the Organising Committee staff at the Kazan International Airport or Kazan Railway Station.**

## TRANSPORTATION

<b>Official Airport</b>	Kazan International Airport
<b>Distance to city</b>	20 km to the border of Kazan
<b>Official Railway Stations</b>	Kazan – Passazhirskaya, Vosstaniya – Passazhirskaya

Transportation between the Kazan International Airport / railway stations and official hotels as well as between the official hotels and venue will be provided by the Organising Committee.

To properly organise the transfer from the Kazan International Airport / Kazan railway stations, please

ensure timely input of travel details into the accreditation system.

Transportation between the official hotel(s) and venue will also be arranged by the Organising Committee in accordance with the approved trainings and competitions schedules.

## ACCOMMODATION AND MEALS

### TEAMS OFFICIAL PLACE OF ACCOMMODATION

Organising Committee provides accommodation and meals in the Universiade Village and Relita Hotel.

#### **Relita Hotel ★★☆☆**

Delegations can be accommodated in single or twin rooms.

#### **Universiade Village ★★☆☆**

Delegations can be accommodated in single, twin, triple and quadruple rooms.



<b>Relita Hotel</b>	Dekabristov, 85G, Kazan, Republic of Tatarstan, 420034
Website	<a href="http://relita-kazan.ru/en/">relita-kazan.ru/en/</a>
Distance from the venue	7 km
Distance from the airport	30 km
Wi-Fi	Available for free
Check-in	15:00
Check-out	12:00



**Please send the accommodation forms to the e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com)**

<b>Universiade Village</b>	Universiade Village, 16A, Kazan, Republic of Tatarstan, 420010
Website	<a href="http://universiadevillage.ru/en">universiadevillage.ru/en</a>
Distance from the venue	13 km
Distance from the airport	20 km
Wi-Fi	Available for free
Check-in	00:00
Check-out	00:00



# SWIMMING

Sport/Event	Stage	Dates	Participants
International Swimming Competitions	II Stage "Sport"	18-26 November 2022	Men, women
International Junior Swimming Competitions	III Stage "Legends"	8-12 December 2022	Boys, Girls

## IMPORTANT DATES TO NOTE

	II Stage "Sport"	III Stage "Legends"
<b>Submission of Accommodation Form:</b> Please send the accommodation forms to <a href="mailto:nationalfederations@dspkazan.com">nationalfederations@dspkazan.com</a> until	1 November 2022 <i>Foreign participants will be accommodated in the Relita Hotel</i>	24 November 2022 <i>Participants will be accommodated in the Universiade Village</i>
Flight Details in Accreditation System	8 November 2022	28 November 2022
Arrival day	18 November 2022	8 December 2022
Training days	18-19 November 2022	8 December 2022
Team representatives meeting	19 November 2022	8 December 2022
Competition days	20-25 November 2022	9-11 December 2022
Departure day	26 November 2022	12 December 2022

# COMPETITION EVENTS – II STAGE "SPORT"

## International Swimming Competitions

Competitions are held in the 25m pool.

The main programme will last six (6) days and include the following events:

Day 1 20 November	Day 2 21 November	Day 3 22 November	Day 4 23 November	Day 5 24 November	Day 6 25 November
<b>MORNING SESSIONS / HEATS</b>					
Men's 400m Freestyle	Women's 4x50m Medley Relay	Men's 100m Individual Medley	Men's 4x50m Freestyle Relay	Men's 4x50m Medley Relay	Women's 4x50m Freestyle
Women's 200m Freestyle	Men's 200m Freestyle	Women's 50m Butterfly	Women's 50m Backstroke	Women's 200m Individual Medley	Men's 200m Backstroke
Men's 200m Butterfly	Women's 100m Freestyle	Women's 100m Individual Medley	Men's 50m Butterfly	Men's 400m Individual Medley	Women's 400m Freestyle
Women's 50m Breaststroke	Men's 100m Butterfly	Men's 50m Freestyle	Women's 100m Breaststroke	Women's 100m Butterfly	Women's 200m Breaststroke
Men's 100m Backstroke	Women's 200m Butterfly	Men's 50m Backstroke	Men's 4x200m Freestyle Relay	Men's 100m Freestyle	Men's 4x100m Medley Relay
Women's 400m Individual Medley	Mixed 4x50m Freestyle Relay	Women's 200m Backstroke	Women's 1500m Freestyle	Women's 50m Freestyle	Women's 4x100m Medley Relay
Men's 100m Breaststroke	Women's 800m Freestyle	Men's 200m Breaststroke		Men's 50m Breaststroke	
Women's 100m Backstroke		Mixed 4x50m Medley Relay		Women's 4x200m Freestyle Relay	
Men's 200m Individual Medley		Men's 800m Freestyle		Men's 1500m Freestyle	
Women's 4x100m Freestyle Relay					
Men's 4x100m Freestyle Relay					
<b>EVENING SESSIONS / SEMI-FINALS AND FINALS</b>					
Men's 400m Freestyle	Women's 4x50m Medley Relay	Men's 200m Breaststroke	Men's 4x50m Freestyle Relay	Men's 4x50m Medley Relay	Women's 4x50m Freestyle
Women's 200m Freestyle	Men's 100m Backstroke	Women's 100m Freestyle	Women's 50m Butterfly	Women's 50m Freestyle, semis	Men's 1500m Freestyle
Men's 100m Backstroke, semis	Women's 100m Backstroke	Men's 100m Individual Medley, semis	Men's 100m Individual Medley	Women's 1500m Freestyle	Men's 100m Freestyle
Women's 50m Breaststroke, semis	Women's 200m Butterfly	Women's 200m Backstroke	Women's 100m Individual Medley	Women's 200m Individual Medley	Women's 100m Butterfly
Men's 200m Butterfly	Men's 100m Breaststroke	Men's 50m Freestyle, semis	Men's 50m Butterfly, semis	Men's 100m Freestyle, semis	Women's 400m Freestyle
Women's 400m Individual Medley	Women's 50m Breaststroke	Women's 50m Butterfly, semis	Men's 800m Freestyle	Women's 100m Butterfly, semis	Women's 200m Breaststroke
Men's 100m Breaststroke, semis	Men's 200m Freestyle	Men's 100m Butterfly	Men's 50m Freestyle	Men's 50m Butterfly	Men's 200m Backstroke
Women's 100m Backstroke, semis	Men's 100m Butterfly, semis	Women's 100m Individual Medley, semis	Women's 50m Backstroke, semis	Men's 50m Breaststroke, semis	Men's 50m Breaststroke
Men's 200m Individual Medley	Women's 100m Freestyle, semis	Men's 50m Backstroke, semis	Men's 50m Backstroke	Men's Medley 400m Individual	Women's 50m Freestyle
Women's 4x100m Freestyle Relay	Mixed 4x50m Freestyle Relay	Women's 800m Freestyle	Women's 100m Breaststroke, semis	Women's 100m Breaststroke	Men's 4x100m Medley Relay
Men's 4x100m Freestyle Relay		Mixed 4x50m Medley Relay	Men's 4x200m Freestyle Relay	Women's 50m Backstroke	Women's 4x100m Medley Relay
				Women's 4x200m Freestyle Relay	

### Category of athletes:

Men aged 15 and older, women aged 13 and older.

### Teams composition

Composition of the sports team of the Russian Federation subject is defined as per the Regulations for the Russian Swimming Championships (25m).

Composition of the foreign participants' team is defined by the entry forms approved by the Organisers. Swimming relay events feature the teams of the Russian Federation subjects and foreign countries' teams.

### Travel costs

Organising Committee undertakes to bear the costs related to the foreign participants' travel to the "Solidarity Games" II stage within the agreed quota from the country/city of residence to Kazan, Russian Federation, and back.

Costs related to the Russian participants' travel from the city of residence to Kazan and back are covered by the sending organisations.

### Accommodation and meals costs

Organising Committee undertakes to bear the costs related to the foreign swimming participants' accommodation and meals within the agreed quota.

Accommodation and meals costs for the Russian participants (regions) are covered by the sending organisations.



Foreign participants shall submit the entry forms to the **e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) no later than 9 October 2022.**

Address for the entry forms is published in the Regulations for the Russian Swimming Championships (25m).

List of the documents to participate in the competitions:

for the Russian athletes – as per the Regulations for the Russian Swimming Championships (25m).

for the foreign participants – entry form, passport, policy of life, health and accident insurance.

Final entry forms specifying the entry time shall be sent to the **e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) no later than 4 November 2022.**



## STANDARD ENTRY TIMES FOR SWIMMING (25M)

International Swimming Competitions

Men (min,s)	Event	Women (min,s)
23,4	50m Freestyle	26,75
53,7	100m Freestyle	1:00,4
1:58,25	200m Freestyle	2:12,55
4:11,5	400m Freestyle	4:38,0
8:50,0	800m Freestyle	9:34,0
17:16,5	1500m Freestyle	18:31,5
27,55	50m Backstroke	30,05
1:00,8	100m Backstroke	1:08,9
2:12,5	200m Backstroke	2:26,75
30,0	50m Breaststroke	34,45
1:07,3	100m Breaststroke	1:16,4
2:27,25	200m Breaststroke	2:44,25
25,15	50m Butterfly	28,65
58,4	100m Butterfly	1:05,4
2:10,75	200m Butterfly	2:25,25
1:01,9	100m Individual Medley	1:09,9
2:14,25	200m Individual Medley	2:30,25
4:46,0	400m Individual Medley	5:18,5

# COMPETITION EVENTS. III STAGE "LEGENDS"

## International Junior Swimming Competitions

Competitions are held in the 25m pool.

The main programme will last three (3) days and include the following events:

Day 1 / 9 December	Day 2 / 10 December	Day 3 / 11 December
<b>Finals</b>		
100m Freestyle, boys	100m Butterfly, boys	50m Freestyle, boys
100m Freestyle, girls	100m Butterfly, girls	50m Freestyle, girls
200m Butterfly, boys	200m Freestyle, boys	100m Breaststroke, boys
200m Butterfly, girls	200m Freestyle, girls	100m Breaststroke, girls
200m Backstroke, boys	200m Breaststroke, boys	100m Backstroke, boys
200m Backstroke, girls	200m Breaststroke, girls	100m Backstroke, girls
50m Breaststroke, boys	100m Individual Medley, boys	400m Freestyle, boys
50m Breaststroke, girls	100m Individual Medley, girls	400m Freestyle, girls
4x50m Freestyle Relay, boys	50m Backstroke, boys	50m Butterfly, boys
4x50m Freestyle Relay, girls	50m Backstroke, girls	50m Butterfly, girls
	Mixed 4x50m Medley Relay	4x50m Medley Relay, boys
		4x50m Medley Relay, girls

### Category of athletes:

Boys (13-14 y. o.), girls (11-12 y. o.)

### Teams composition

Composition of the sports team of the Russian Federation subject is defined as per the Regulations for the "Youth of Russia" All-Russian Competitions.

Composition of the foreign participants' team is defined by the entry forms approved by the Organisers. Swimming relay events feature the teams of the Russian Federation subjects and foreign countries' teams.

### Travel costs

Costs related to the foreign and Russian participants' travel from the city of residence to Kazan and back are covered by the sending organisations.

### Accommodation and meals costs

Organising Committee undertakes to bear the costs related to the foreign swimming participants' accommodation and meals within the agreed quota.

Accommodation and meals costs for the Russian participants (regions) are covered by the sending organisations.

## STANDARD ENTRY TIMES FOR SWIMMING (25M)

International Junior Swimming Competitions

Boys (min,s)	Event	Girls (min,s)
27,05	50m Freestyle	30,75
1:03,5	100m Freestyle	1:11,8
2:21,0	200m Freestyle	2:37,0
5:03,0	400m Freestyle	5:37,0
32,25	50m Backstroke	36,75
1:13,0	100m Backstroke	1:21,5
2:37,0	200m Backstroke	2:55,0
35,25	50m Breaststroke	40,25
1:20,5	100m Breaststroke	1:30,0
2:56,5	200m Breaststroke	3:15,0
30,25	50m Butterfly	33,75
1:10,5	100m Butterfly	1:19,5
2:37,5	200m Butterfly	2:56,0
1:14,0	100m Individual Medley	1:24,0





# DIVING

Sport/Event	Stage	Dates	Participants
"Tatarstan President's Cup" International Diving Competitions	II Stage "Sport"	9-14 November 2022	Junior boys and girls
"Dmitry Sautin Cup" International Diving Competitions	III Stage "Legends"	12-17 December 2022	Men and women, junior boys and girls

## IMPORTANT DATES TO NOTE

	II Stage "Sport"	III Stage "Legends"
<b>Submission of Accommodation Form:</b> Please send the accommodation forms to <a href="mailto:nationalfederations@dspkazan.com">nationalfederations@dspkazan.com</a> until	26 October 2022  <i>Participants will be accommodated in the Universiade Village</i>	28 November 2022  <i>"Men and women" category will be accommodated in the Relita Hotel, "Junior boys and girls" – in the Universiade Village</i>
Flight Details in Accreditation System	30 October 2022	2 December 2022
Arrival day	9 November 2022	12 December 2022
Training days	9 November 2022	12-13 December 2022
Team representatives meeting	9 November 2022	8 December 2022
Competition days	10-13 November 2022	14-16 December 2022
Departure day	14 November 2022	17 December 2022

# COMPETITION EVENTS – II STAGE "SPORT"

"Tatarstan President's Cup" International Diving Competitions

The main programme will last four (4) days and include the following events:

Day 1 / 10 November			
<b>Morning session</b>	1M Springboard	Junior Boys A	Preliminaries
	5M, 7.5M, 10M Platform	Junior Girls A	Preliminaries
	3M Springboard	Junior Girls B	Preliminaries
<b>Evening session</b>	3M Springboard Synchro	Junior Girls A+B	Final
	1M Springboard	Junior Boys A	Final
	5M, 7.5M, 10M Platform	Junior Girls A	Final
	3M Springboard	Junior Girls B	Final
Day 2 / 11 November			
<b>Morning session</b>	1M Springboard	Junior Girls A	Preliminaries
	5M, 7.5M, 10M Platform	Junior Boys B	Preliminaries
	3M Springboard	Junior Boys B	Preliminaries
<b>Evening session</b>	3M Springboard Synchro	Junior Girls A+B	Final
	1M Springboard	Junior Girls A	Final
	5M, 7.5M, 10M Platform	Junior Boys B	Final
	3M Springboard	Junior Boys B	Final
Day 3 / 12 November			
<b>Morning session</b>	1M Springboard	Junior Girls B	Preliminaries
	5M, 7.5M, 10M Platform	Junior Boys A	Preliminaries
	3M Springboard	Junior Girls A	Preliminaries
<b>Evening session</b>	5M, 7.5M, 10M Platform Synchro	Junior Girls A+B	Final
	1M Springboard	Junior Girls B	Final
	5M, 7.5M, 10M Platform	Junior Boys A	Final
	3M Springboard	Junior Girls A	Final

Day 4 /13 November			
<b>Morning session</b>	1M Springboard	Junior Boys B	Preliminaries
	5M, 7.5M, 10M Platform	Junior Girls B	Preliminaries
	3M Springboard	Junior Boys A	Preliminaries
<b>Evening session</b>	5M, 7.5M, 10M Platform Synchro	Junior Boys A+B	Final
	1M Springboard	Junior Boys B	Final
	5M, 7.5M, 10M Platform	Junior Girls B	Final
	3M Springboard	Junior Boys A	Final

#### Category of athletes:

Junior boys and girls (Group A – 16-18 y.o., Group B – 14-15 y.o.).

#### Teams composition

Two athletes are allowed to compete in individual events per the apparatus and one pair – in synchro events.

#### Procedure and deadlines for the entry forms

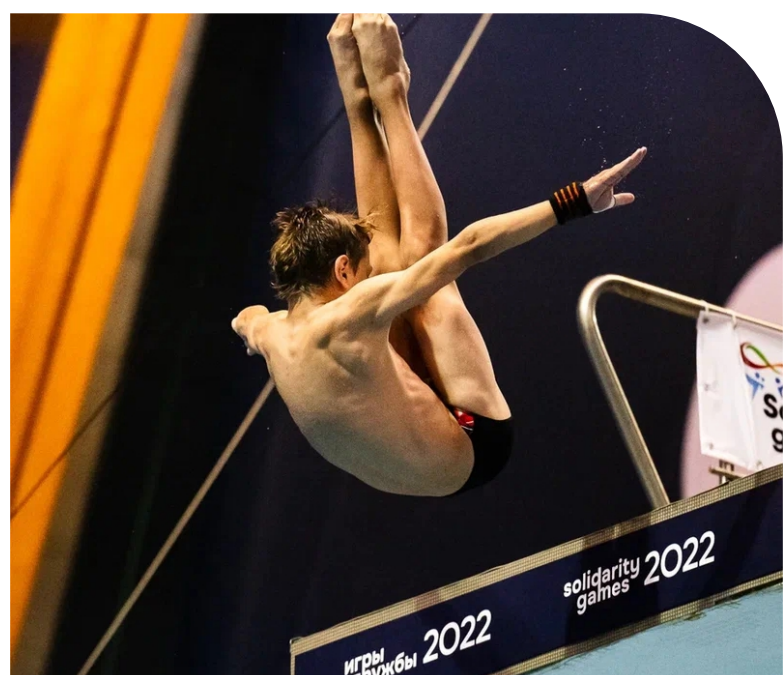
Participants shall submit the entry forms to the Organising Committee's e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) **no later than 9 October 2022**, final entry forms – **no later than 26 October 2022**. Final entry forms shall be sent to the e-mails [diving-roc@mail.ru](mailto:diving-roc@mail.ru) and [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com).

#### Travel costs

Costs related to the foreign and Russian participants' travel from the country/city of residence to Kazan and back are covered by the sending organisations.

#### Accommodation and meals costs

Organising Committee undertakes to bear the costs related to the foreign and Russian diving participants' accommodation and meals within the agreed quota.



## COMPETITION EVENTS. III STAGE "LEGENDS"

### "Dmitry Sautin Cup" International Diving Competitions

The main programme will last three (3) days and include the following events:

Day 1 / 14 December			
Morning session	3M Springboard	Junior Boys C	Final
	5M, 7.5M, 10M Platform	Junior Girls C	Final
	3M Springboard	Junior Boys D	Final
Evening session	3M Springboard	Men	Final
	5M, 7.5M, 10M Platform	Women	Final
Day 2 / 15 December			
Morning session	3M Springboard	Junior Girls C	Final
	5M, 7.5M, 10M Platform	Junior Boys D	Final
	3M Springboard	Junior Girls D	Final
Evening session	3M Springboard	Women	Final
	5M, 7.5M, 10M Platform	Men	Final
Day 3 / 16 December			
Morning session	5M, 7.5M, 10M Platform	Junior Girls D	Final
	5M, 7.5M, 10M Platform	Junior Boys C	Final
Evening session	Team Event	Junior Boys and Girls	Final
	Team Event	Men and Women	Final

#### Category of athletes:

Men and women, junior boys and girls (Group C – 12–13 y.o., Group D – 10–11 y.o.).

#### Composition of the Russian Federation national team:

- 50 people (junior boys and girls (top 6–8 upon the results of the Russian Junior Championships in C and D age categories);
- 20 people (men and women). Four people participate in the event (two best are awarded).

### Composition of the foreign participants' team

Two athletes are allowed to compete in individual events per the apparatus and one pair – in team events.

### Procedure and deadlines for the entry forms

Participants shall submit the entry forms to the Organising Committee's e-mail [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) no later than 12 November 2022, final entry forms – no later than 28 November 2022. Final entry forms shall be sent to the e-mails [diving-roc@mail.ru](mailto:diving-roc@mail.ru) and [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com).

### Travel costs

Organising Committee undertakes to bear the costs related to the foreign and Russian participants' travel to the "Solidarity Games" III stage ("Men and women" category) within the agreed quota from the country/city of residence to Kazan, Russian Federation, and back.

Costs related to the foreign and Russian participants' travel ("Junior boys and girls" category) from the country/city of residence to Kazan and back are covered by the sending organisations.

### Accommodation and meals costs

Organising Committee undertakes to bear the costs related to the foreign and Russian diving participants' accommodation and meals within the agreed quota.







# ARTISTIC SWIMMING

Sport/Event	Stage	Dates	Participants
"Svetlana Romashina Cup" International Artistic Swimming Competitions	III Stage "Legends"	8-12 December 2022	Youth boys, girls

## IMPORTANT DATES TO NOTE

### III Stage "Legends"

<b>Submission of Accommodation Form:</b> Please send the accommodation forms to nationalfederations@dspkazan.com until	24 November 2022 <i>Participants will be accommodated in the Universiade Village</i>
Flight Details in Accreditation System	28 November 2022
Arrival day	8 December 2022
Training days	8 December 2022
Team representatives meeting	8 December 2022
Competition days	9-11 December 2022
Departure day	12 December 2022

# COMPETITION EVENTS. III STAGE "LEGENDS"

## "Svetlana Romashina Cup" International Artistic Swimming Competitions

The main programme will last three (3) days and include the following events:

Day 1 / December 9	Day 2 / December 10	Day 3 / December 11
Figures (by new FINA 2023 rules)	Solo	Duets
Combination	Team	Mixed Duets
		Gala

### Category of athletes:

- Youth (13-15 y.o., 2007-2009 birth year);
- Mixed duets – boys, girls (under 13 y.o., 2010 birth year and younger).

### Composition of sports teams in the "Youth (13-15 y.o.)" age category is no more than 18 people:

- 12 athletes;
- 1 coach;
- 1 team official;
- 1 technical official.

If the athletes in the "mixed duet" event do not form part of the women's programmes, team composition increases by 3 people.

### Composition of sports teams in the "Boys, girls (under 13 y.o.)" age category is no more than 9 people:

- 6 athletes;
- 1 coach;
- 1 team official;
- 1 technical official.

### Programmes quantitative composition in the "Youth (13-15 y.o.)" age category:

- 2 solos;
- 2 duets;
- 1 mixed duet;
- 1 team;
- 1 combination.

### Programmes quantitative composition in the "Boys, girls (under 13 y.o.)" age category:

- 2 mixed duets.

Participants shall submit the entry forms to the Organisers' e-mails [nationalfederations@dspkazan.com](mailto:nationalfederations@dspkazan.com) and [events@synchronussia.ru](mailto:events@synchronussia.ru) no later than **8 November 2022**, final entry forms – no later than **24 November 2022**.

List of the documents to submit the entry forms for participation (for the teams of the Russian Federation subjects):  
- final entry form for the participation in sports competitions signed by the head of the sending organisation, head of the regional sports federation and doctor, and other required documents to be submitted to the admission commission in two (2) copies on the arrival day;

**The entry form shall be complemented by the following documents for each athlete:**

- Russian passport or birth certificate for athletes under 14 y.o.
- academic record book or any other official document confirming an athletic title or category
- any official document defining the athlete's association with the physical education organisation
- policy of life, health and accident insurance (original)
- policy of obligatory medical insurance

**List of the documents to submit the entry forms for participation (for foreign teams):**

- final entry form;
- document of identification.

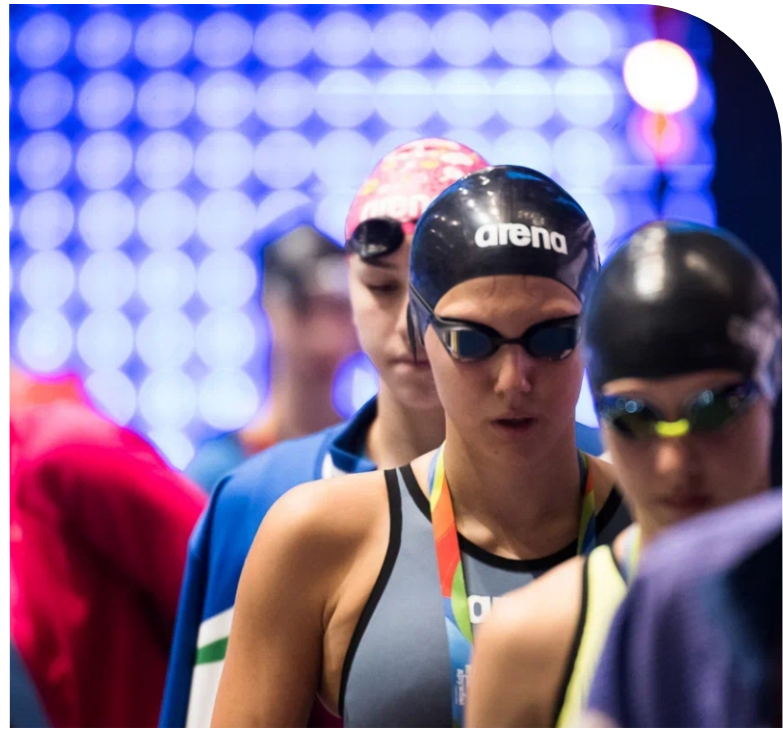
**Travel costs**

Costs related to the foreign and Russian participants' travel from the country/city of residence to Kazan and back are covered by the sending organisations.

**Accommodation and meals costs**

Organising Committee undertakes to bear the costs related to the foreign and Russian (for one team from one Russian Federation subject) artistic swimming participants' accommodation and meals within the agreed quota.





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